

$$\int_{A \cup B} 1 \, d\lambda = 2 \int_{B(4,0,1)} \sqrt{4-x^2-y^2} \, dx \, dy = 2 \int \sqrt{4-r^2} \, r \, dr \, d\varphi =$$

Fubini
 $\{(r, \varphi): r^2 - 2r \cos \varphi \leq 0\}$

$$= 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \int_0^{2 \cos \varphi} \sqrt{4-r^2} \cdot r \, dr \, d\varphi = 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} -\frac{2}{3} \cdot \frac{1}{2} (4-r^2)^{\frac{3}{2}} \Big|_0^{2 \cos \varphi} d\varphi =$$

$$= 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \frac{1}{3} 8 \left[(1 - \cos^2 \varphi)^{\frac{3}{2}} + 4 \right] d\varphi = 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \frac{8}{3} \left[\sin^3 \varphi + 1 \right] d\varphi =$$

$$= 2 \frac{8}{3} \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \sin^3 \varphi + 1 \, d\varphi = \frac{16}{3} \pi.$$